

1. There are two teams: kickers and outfielders.

2. The outfielders should spread out. Their goal is to get the kicked ball back to the pitcher as quickly as possible.

3. There are no outs and no foul balls. The kickers line up and kick one at a time.

4. The kicker runs along the baseline, picking up as many cones as possible before the ball is returned to the pitcher.

5. Once the pitcher has the ball, he or she yells "STOP!" to the kicker, and the kicker stops

running and collecting cones and returns to home base.

6. The cones collected are placed back at home base in a pile.

7. Kickers can run either direction on the baselines, but cannot run across the pitcher's mound.

8. The inning is over once all kickers have kicked or if all the cones have been collected.

